

HUMAN ANATOMY & PHYSIOLOGY I

STUDY GUIDE FOR LAB PRACTICAL II

INSTRUCTOR: CJ SHUSTER

-you must also know all diagrams (including associated word lists).

THIS IS A REVIEW, AND DOES NOT INCLUDE DRAWINGS, VALUES ETC. FROM THE MANUAL!!!!!!
THIS IS NOT A CONTRACT!!! My only guarantee is that this will cover 90-95% of the items seen on the lab practicals.

MUSCLES OF THE HEAD & NECK:

A. MUSCLES OF THE NECK & FACE:

sternocleidomastoid
sternohyoid
mylohyoid
digastric
masseter frontalis
occipitalis
galea aponeurotica
orbicularis oculi
orbicularis oris
zygomaticus
platysma
temporalis

MUSCLES OF THE ARM & LEG:

A. MUSCLES OF THE BRACHIUM & ANTEBRACHIUM:

biceps brachii
brachialis
triceps brachii
brachioradialis
pronator teres
supinator
brachioradialis

flexors & extensors -know them as a group and any individual muscles outlined on the muscle table . Please note that all the forearm muscles that you are responsible for which flex and extend the fingers and wrist are superficial.

B. MUSCLES OF THE UPPER LEG:

sartorius
gracilis
tensor fascia lata
quadriceps group
 rectus femoris
 vastus lateralis
 vastus medialis
 vastus intermedialis
hamstring group
 biceps femoris
 semitendinosus
 semimembranosus
adductor group:
 adductor brevis is fairly deep, and can't be seen on any model EXCEPT the "longer leg model".
 Know the pectineus, adductor longus, adductor magnus.
gluteus maximus
gluteus medius

C. MUSCLES OF THE LOWER LEG:

gastrocnemius
soleus
Achilles tendon

tibialis anterior